Cancer Survivorship Retreat
An Inspirational Program for Patients and Loved Ones

In beautiful Laurel Hill Valley, Eugene, Oregon
On the autumnal equinox, September 21, 2013

Anyone whose life has been touched by cancer, as a patient or loved one, is a cancer survivor. The journey of survivorship is rich with many opportunities for healing – spiritually, emotionally, physically, and in our relationships. Healing means becoming more whole, something that is always possible regardless of medical history or prognosis.

This one-day retreat is for the person who has had cancer and a partner with whom they are in a caregiving relationship, whether a spouse, life partner, family member or friend. Both people are full, equal participants in the program. Through inspirational talks and guided explorations the participants will gain fresh insight into their own journey of survivorship, find new ways to understand and express their experience, and expand their skills for communicating and connecting with each other.

The program is offered by a group of inspired health care practitioners who share many years of experience in the field of cancer survivorship, both professionally and personally:

• Jan Stafl, MD is a cancer survivor and a practicing physician in Eugene. Drawing upon his direct experience of cancer and its treatments he offers a hopeful and inspiring perspective on navigating the personal and spiritual challenges of survivorship.

• William Collinge, PhD, LCSW directs research sponsored by the National Cancer Institute in palliative care, including development of the Touch, Caring and Cancer program. He is also the author of Partners in Healing, and has a private practice in Eugene.

• Maggie Donahue, MS, LMT is a massage therapist with training in oncology massage. She is on the staff of the University of Oregon Health Center, has a private practice in Eugene, and works with William in the Touch, Caring and Cancer program.

• Susan Isaacs, MSW, LCSW is a clinical social worker and facilitator who, for several decades, has worked with individuals and families whose lives have been touched by living with a life-threatening illness.

• Andrea Isaacs, MA is a cancer survivor and international trainer in the field of emotional intelligence. Since her diagnosis she has been pioneering innovative ways to combine movement, writing and drawing to support emotional and spiritual healing.

Schedule: 9 am to about 4:30 pm. Lunch and break food (coffee, teas, snacks) will be provided.

Cost: This program is offered free to people who have had cancer and their care partners. Costs are being underwritten by Willamette Valley Cancer Institute Foundation and other local individuals and businesses, all of whom will be acknowledged at the retreat.

What to bring: Each person (both patients and care partners) should bring a blanket and a pillow, and wear comfortable clothes.

Reservations: Space is limited to 15 pairs, and a reservation is required. To register or for more information visit www.collinge.org/Retreat or call Maggie Donahue, (541)357-7127.